



Lifeworks
Health Services
Pty Ltd

NATIONAL REACH

LOCAL EXPERTISE

WORKPLACE REHABILITATION & WELLNESS EXPERTS

Lifeworks Health Services is a national provider of workplace rehabilitation, mental health and wellness services.

We partner with employers, insurers and individuals to deliver practical evidence-based solutions that support recovery, improve wellbeing and build healthier, safer workplaces.



OUR SERVICES

WORKPLACE REHABILITATION

Supporting safe and sustainable recovery and return to work.

MENTAL HEALTH SERVICES

Providing targeted psychological and psychosocial support.

VOCATIONAL TRAINING & SERVICES

Vocational assessments, career and employment support.

PREVENTATIVE HEALTH PROGRAMS

Proactive programs to reduce injury risk and improve physical capacity.

ERGONOMIC ASSESSMENTS

Practical assessments to optimise workstation and workplace setup.

EARLY INTERVENTION

Early identification of physical and psychological risks.



NATIONAL REACH
Local expertise across
Australia.



EXPERIENCED & TRUSTED
Highly qualified
professionals you can rely
on.



FOCUSED ON OUTCOMES
Practical solutions that
deliver real results.



CONTACT US TODAY
1300 350 421



info@lhs.net.au



lhs.net.au



Lifeworks
Health Services
Pty Ltd

LOCAL CONSULTANTS. NATIONAL COVERAGE.

Expert support, local to you.

Our multidisciplinary team of consultants provides evidence-based services across Australia, helping workplaces and individuals thrive.

QLD

Brisbane | Gold Coast | Sunshine Coast | Ipswich | Toowoomba
Bundberg | Gladstone | Rockhampton | Mackay | Townsville
Cairns | Mount Isa

NSW

Sydney | Parramatta | Nowra | Wollongong | Gosford | Albury

VIC

Melbourne | Dandenong | Frankston | Geelong | Bendigo

WA

Perth | Rockingham | Mandurah | Bunbury

SA

Adelaide

TAS

Hobart | Launceston

NT

Darwin



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